



## **Pazy Fuchs, Instructor, Practitioner and Holistic Health Counselor (HHC)**

Fluid Presence™ Provider and WABA certified WaterDance™ (WATA®) instructor and practitioner, Holistic Health Counselor (HHC) credited by the Institute Integrative Nutrition, NYC), facilitator of “The Work” of Byron Katie and a certified Ayurvedic and Lomi Lomi massage therapist.

In 2001 I received my first aquatic healing session in Auroville, India. There I experienced deep feelings of peace, oneness, comfort and joy in ways I never knew before. While immersed underwater in the great silence within I felt as if I am being cradled in the hands of God. It was at that moment that a greater knowing filled every cell of my body - I wanted to deliver the same experience to as many people as I can and ever since it has become my life’s goal to allow people to find healing through the powerful medium of holistic warm-water therapy. My aquatic studies started in India and continued in Hawaii where I was fortunate enough to meet and train with top teachers of the aquatic world. While studying and exploring Watsu, WaterDance™ (WATA®) & Dolphin Dance, I met Shantam, creator of Fluid Presence™, and was deeply inspired by her unique approach to water work and her gift of healing. That meeting led to years of mentoring and a professional relationship that still flourishes today.

In 2005 I came back home to Israel and established a thriving practice known as “Pazy Water Healing”. I am based in a beautiful urban oasis minutes away from the center of Tel-Aviv. In my work I am fortunate to support a wide variety of clients dealing with physical and emotional distress.

As my website is designed mainly for Hebrew readers, please do feel free to write me a personal message if you would like to know more about my work [info@pazy.com](mailto:info@pazy.com) and I will be happy to answer any questions.

if you are about to visit Israel and would like to book a session in advance please write.

[To see a video of my work above and underwater](#)



## Lucy Letter

*With a cancer diagnosis comes a challenge. How to do this difficult part of life as well as possible. How to realize the advantages of a life threatening diagnosis, how to learn to live life more fully, with more joy, because of the recognition that it may well not go on so very much longer. I changed my diet, I increased the time I spent meditating every day, I went to Chinese acupuncture, and to a naturopath and changed my diet still more. I went to guided imagery sessions where I described a brown paper wrapped parcel, a gift, tantalizingly open at one corner, sitting in the room with me. I started practicing yoga again. I went to listen to famous cancer survivors and read their books. I read cancer as a turning point, love medicine and miracles and a few others too. I searched everywhere for the gift that cancer would bring me. Then I met Pazyia, and started going weekly to her pool, being moved through the water, breathing, accepting the incredible gift that comes with each treatment, the feeling of total, unquestioning acceptance, and the huge expanse of giving. I cannot describe exactly what it was that Pazyia gave me in those weekly sessions, but wordlessly and gently, like the movement of natural water, week after week, I was soothed, held, and shown the way back to myself, and the way forward. I cannot describe what I learned in the water, but to this day, when I enter the pool, I feel cleansed and beautiful and perfect, and when I leave I feel radiant.*

With love

Lucy